This guide should be read in conjunction Ordnance Survey Explorer Map 148.

N	Nap reference for OS sheet TQ
1	6461 6531
2	6552 6579
3	6604 6559
4	6698 6627
5	6666 6713
6	6685 6754
7	6692 6823
8	6626 6772
9 10 11	6574 6679 6482 6631 6441 6631
	1 2 3 4 5 6 7 8

John Tyler 5 April 2012 R0-1902/13

Caveat: Anyone using this walk guide does so at their own risk.